



**Is somebody close to you  
being controlling and abusive?**

**We're here to help you**

**Hourglass' Economic Abuse Hub** offers direct support for older people affected by economic abuse, domestic abuse and more.

**Contact us at [cymru@wearehourglass.org](mailto:cymru@wearehourglass.org)**

Our 24/7 helpline is entirely confidential and free to call from a landline or mobile. The number will not appear on your phone bill. Our lines are open 24/7 - including weekends and bank holidays. Texts from outside the UK will be charged at their standard international rate which will differ depending on location and service charges of your phone provider. The number will appear on your bill and in your phone records but will not be identified as Hourglass. Our Chatbot is available 24/7. All other services are open Monday to Friday, 9am to 5pm.



E: [helpline@wearehourglass.org](mailto:helpline@wearehourglass.org)

W: [www.wearehourglass.org](http://www.wearehourglass.org)

Hourglass is the working name of Hourglass (Safer Ageing), a charity registered in England and Wales (reg. no: SC046278). Hourglass (Safer Ageing) is registered as a company in England and Wales under number 07290092